



ANNUAL REPORT 2013-14

SANKALP INDIA FOUNDATION(R)

LET'S GIVE LIFE A BETTER CHANCE

THE JOURNEY THROUGH 2013-14

Dear Friends,

Warm greetings from Sankalp India Foundation(SIF).

The 10th anniversary of SIF presented the organisation the opportunity to review the work done through the past years and formulate the strategy for the decade to come. The pedagogic approach taken through the years to unveil the intricacies of the tasks we took at hand and to build strong solutions presented the organisation with the opportunity and the challenge to scale up the work and reach out further in the pursuit of the goals. It took only a few weeks of intense discussions, planning and strategising and the teams were back to work.



SIGNIFICANT MILESTONE ACHIEVED

→The Rakta Kranti team of the organisation scaled new heights with a 35% increase in blood collection over last year taking the total number of blood units contributed to 11,318. The year saw the biggest ever fight with the summer shortage of blood put up by the organisation. In the April to July months, when blood banks did not have options to conduct camps, the team contributed 5,400 units of blood.

→The organisation initiated a paradigm shift in making blood donation safer and more comfortable for the donors by introducing a training and capacity building program for management of complications associated with blood donation. The organisation strengthened the network for systematic management of extremely rare blood groups, making units of blood available in extremely difficult to manage situations. Total of 49 Bombay blood group requests including 6 Bombay negative requests were managed.

→The organisation further automated the blood helpline to provide convenient and quick access to blood stocks to the needy.

→A new daycare center for thalassemia supported by SIF was started at Rashtrorathana Parishat under the name of "Project Samraksha" on 26 August 2014. The total number of children. The total number of children under organised care and management for Thalassemia thus rose to 400+.

→The organisation implemented protocols for management of thalassemia beyond blood transfusion ensuring that the necessary medications, lab investigations and specialist intervention get's streamlined for the children suffering from thalassemia.

Largely run by the volunteers with very few supporting staff members, the organisation was successful in ensuring that all the teams of the organisation delivered work every single day of the year - the way it has been ever since the organisation's inception.



Sankalp India Foundation being felicitated on World Blood Donor Day 2013 by State Government of Karnataka.



Last year also saw national and international recognition and appreciation showered onto SIF for pioneering work and innovation. The organisation was called on to share experiences at various forums thus getting an opportunity to influence a positive change in the society beyond the working boundaries of the organisation.

Year 2013-14 also witnessed unprecedented support and confidence expressed by various stakeholders in the organisation. With each challenge that came our way, we got the helping hand of participation of generous souls, be it the donors, the medical teams, the administrators, volunteers or the public at large. That's what kept the flame of our mission burning bright!

With more work being done we are getting more awareness - better understanding of how things

should be. This awareness is difficult to handle - knowing the most deep rooted and challenging problems of blood transfusion medicine and care for children with genetic blood disorders. However, any deviation from what is the best interest of our nation and our people, is only a motivation for us. The year to come will see still more transformation. The organisation will need to push itself further to replicate the success in individual centers, to capacity build the blood banks and hospitals, to ensure that there is always blood on shelf for the needy and to ensure that more and more children see the transformation from untimely death to a promising life.

The 10th anniversary year was one of transformation, newer-challenges and delivery. The year leaves us with renewed energy, enthusiasm and a greater thirst to deliver upon our mission - to give life a better chance.

We present to you the progress made, challenges faced and the future roadmap for each team of the organisation. We would also like to welcome any feedback, suggestions and ideas.

On behalf of the volunteers of Sankalp India Foundation, I take this opportunity to thank you for placing your trust in us and contributing to the cause we serve.

Thank you,

Lalith Parmar
President
Sankalp India Foundation

The 10th anniversary year was one of transformation, newer-challenges and delivery. The year leaves us with renewed energy, enthusiasm and greater thirst to deliver upon our mission - to give life a better chance.

RAKTA KRANTI

THE BLOOD REVOLUTION

It's only blood available on shelf that saves lives. Voluntary non-remunerated blood donors are the foundation of a safe, sustainable blood supply. The Rakta Kranti team of Sankalp looks to organize safe and high quality blood donation drives all through the year. Back in March 2007, when this was started the aim was to create a movement to push Karnataka towards 100% voluntary blood donation. Rakta Kranti aims at organizing efficient and well-managed donation drives with standards that are comparable to the best in the world. With focus on donor as well as patient's safety and well-being, we bring to the donor all the information relating to blood donation that makes him/her absolutely comfortable and confident about the process of donating blood. This encourages transition of one time donors into regular blood donors and helps ensure that no one suffers due to shortage of blood.



The focus last year was to organise more blood donation drives during the peak summer and winter blood shortage periods. The plan was to hit the 100+ blood donation drive mark with 10,000+ donations. The second focus was to enable delivery of better quality and safety in blood donation drives by enabling blood banks to achieve better donor selection, better compliance to the standards and better care and management of donors and capacity building of blood bank teams.

HIGHLIGHTS FOR 2013-14

ENHANCED CAMP QUALITY

With view on the quality and safety aspect of blood donation drives, a stringent monitoring of compliance to standards was continued. With regular feedback and fine tuning of strategies the compliance was improved.

ADVERSE EVENTS IN BLOOD DONATION

A major step forward was taken to scientifically prevent, manage and document any discomfort a donor faces during blood donation - thus pioneering structured multi-center donor hemovigilance program in our country. Associated guidelines were created, surveillance framework strengthened and trainings conducted. Advanced intervention to prevent complications were successfully field tested and regularised.

ENHANCED ORGANISATIONS ENGAGEMENT

Smaller organisations saw exceptionally high donor turnout thanks to the systematic donor education, motivation and information campaigns. 29 organisations conducted camps for first time. Several organisations organised 2 or more drives. Unlocking full potential of blood donation drives in large organisation remains a challenge.

PROGRAM COORDINATOR

With the goal of collecting 10,000+ units in 100+ camps Rakta Kranti Team received the first ever full time team member for coordination of blood donation drives. A young man left behind a lucrative career in IT enable thousands of units of safe blood. Since 1 September 2013, Arpit Vaish has been reaching out to more organisations for camps and managing blood donation drives.

BETTER QUALITY OUTSIDE BANGALORE

Commendable quality improvement was achieved in Bidar, Hubli, Dharwad and Raichur.

A total of 139 blood donation drives were organized with 11,318 units of blood collected from 13,843 willing donors – 35% increase in collection and 35 more drives year since previous year.

On the 75 institutions where blood drives were organised, 29 organisations blood camps were organized for the first time ever. 5369 (47.5%) units of blood were collected by government blood banks, 4906 (43.3%) units were collected by voluntary blood banks, 1043 (9.2%) by hospital based blood banks.

The team brought in 5400+ units in 4 summer months from April – July 2013 and 2800+ units in 3 winter months from mid November to mid February.

More than 120 new organizations were visited with a view to align them to the blood donation program.

The immediate impact of the regular blood donation drives of the organisation has already help reduce the shortage of blood at critical times in Bangalore. The well established protocols, delivery mechanism and the experience gives the right opportunity to scaling up the program. On one hand more needs to be done within Bangalore and on the other hand the goal is to transform the voluntary blood donation in other parts of Karnataka to ensure blood availability all year round.

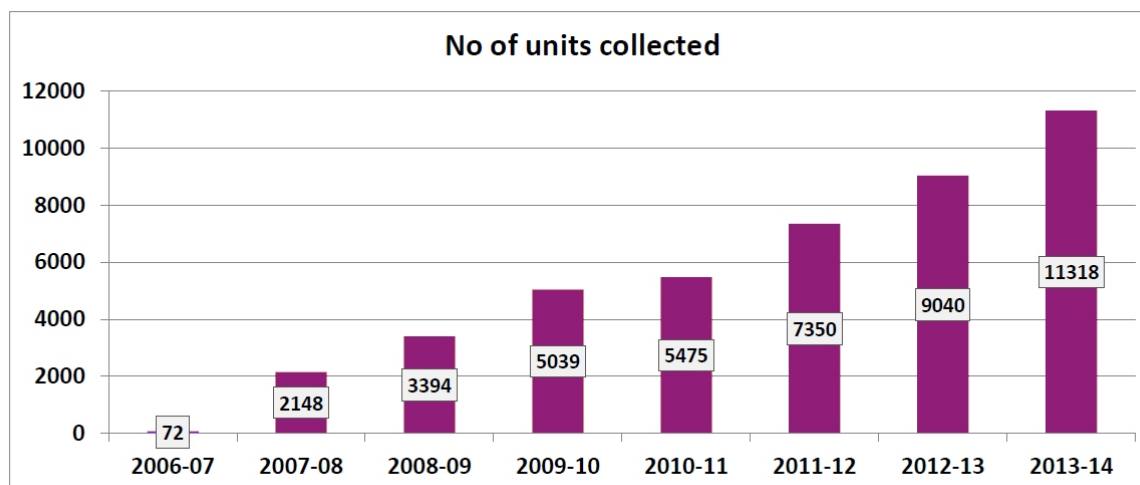


ROADMAP

While we work to increase the voluntary blood donation in Karnataka, SIF is committed to enabling a strong donor hemovigilance program - a mechanism to track, study and help reduce any adverse events associated with blood donation. the organisation also seeks to strengthen blood transfusion services - especially on the voluntary blood donation side by contributing towards the establishment of robust quality management systems - something which is ominously missing from the quality associated with voluntary blood donation camps. Through structured studies and publications the organisation aims at impacting the overall quality of blood donation drives in India.

HOW CAN YOU HELP

With the number of blood donation camps already in 3 digits and all set to exceed 175-200 camps a year, there is a need for 2 more full time committed individuals. Significant expenses are also being incurred on donor IEC material used in the blood donation drives. SIF invites contribution and participation for covering the salary of the full time staff members or for the publication of IEC materials.



Thanks to the Sankalp team for giving us an opportunity to support in your amazing work.

- Chintan Siriya, India CSR Coordinator, Capgemini

It's always a great feeling and sense of pride in donating blood. It really boost further when it is such a well managed like this. Good show all, keep the good work. All the very best. Good team and good staff

Ritesh O.Mahindrakar ,Tata Power

It was indeed wonderful experience. Everything was perfect and the doctors were also good

- Mohit Kumar, Jawaharlal Nehru Centre for Advanced Scientific Research

We are glad to have found Sankalp to help us facilitate this drive. It was a pleasure to work with you and your colleagues, who continuously assured us that the drive will be a success. Well, it was a huge success!! All thanks to team Sankalp. We will definitely look forward to conducting such drives in the future.

-Veena Paul, HR executive, Fragomen Services

DISHA

THE BLOOD HELP-LINE

Blood banking in India continues to be fragmented putting the onus of finding the blood units on the patients. Disha - the statewide help-line for blood in Karnataka was started with the intent of bridging the gap between the needy and the blood banks. The centralised help-line for blood tracks blood stocks across blood banks in Karnataka and guides the needy patients to the closest blood bank where the blood units they need are available. The help-line works round the clock for all days of the year making blood search simple, reliable and easy. The message “**Looking for blood? Call 9480044444**” has been spread across all hospitals and blood banks beside reaching out to public at large through mass communication.

HIGHLIGHTS FOR 2013-14

SMS BASED RESPONSE

Anyone who calls the help-line is sent the list of blood banks with contact numbers on an SMS making the help-line still more user friendly.

SERVICE ALL YEAR ROUND

With just 1 dedicated person to take stock in the daytime and respond to calls, it was quite a challenge to manage the help-line through the holidays, evenings, nights and morning. In spite of the swelling number of calls coming to the help-line, it continued to offer a helping hand thanks to the effort of the volunteers.

SINGLE WINDOW ACCESS

The 24 hours accessibility of the help-line has enabled it to become a focal point for not just people needing blood units but also people who need donors, who want to donate blood, who need help post blood donation and people who want to organise blood donation camps.

REDUCED NEED FOR EMERGENCY HANDLING

Thanks to Disha, the overall blood stock situation across institutions is known. In times of shortage



of blood or when less common blood units and components are needed, the help-line is able to enable optimal unit of blood stock available in any blood bank of the city - thus significantly reducing the need to rush donors to blood banks for emergency donations.

ROADMAP

Sankalp is working towards making the blood help-line the single window access point into any information related to blood donation / transfusion. The plan is underway to enhance the competency of the staff attending the calls such that they are able to give highly informed and customised guidance to the calling patients. The help-line will also assist donors who want to donate blood and after their donations.

HOW CAN YOU HELP

With more than 100 calls being managed by the help-line on a daily basis already, the help-line urgently needs to be augmented with one more full time staff. This will ensure that with increasing number of calls for blood - the help-line is able to provide immediate relief and assistance to all. The help-line needs to be supported by the salary of 2 response center executives and the cost of communication. Supporting the help-line means bring relief to 15,000+ people looking for blood each year.

EMERGENCY WING

THE LAST RAY OF HOPE

Emergency wing was the first team of SIF which started with the pledge to do whatever it takes to ensure no one suffers due to shortage of blood. Today the team takes up blood requests which are difficult to be handled by the existing blood stocks in blood banks or by simply getting a few donation done. The team takes up blood requests for extremely rare blood group, when there is a requirement of unusual blood products, when there is a danger to the life of the person because of lack of availability of blood and other corner cases of blood banking. The team prepares and trains itself to handle the difficult situations as and when they come.

HIGHLIGHTS FOR THE YEAR 2013-14

FOCUS ON REAL EMERGENCIES

In coordination with Disha, the Emergency Team was able to ensure that only the most critical blood requests are reported. The disha response team was equipped enough to regular blood requests even if there was no stock in blood banks.

HIGHLY EXPERIENCED VOLUNTEERS

The team composed of volunteers who had experience running into several years at management of emergency blood requests. This enabled very effective management of the requests.

STRONG RELATIONSHIP WITH BLOOD BANKS AND DONORS ACROSS COUNTRY

The team established strong relationship of trust and cooperation with blood banks and donors who were likely to be needed in managing emergency requirements across the nation. This enabled smooth handling of situations when they arose.

BOMBAYBLOODGROUP.ORG

The team further strengthened the first ever nationwide network of Bombay blood group donors. The use of the network led to better management of Bombay blood group requests and optimal utilisation of rare blood groups found in blood banks converting the seemingly



Total No of Bombay blood group requests : 49

Bombay Positive: 43

Bombay negative: 6

Total Numbers of Bombay Group units requested: 94

Total no of Bombay blood group units donated : 32

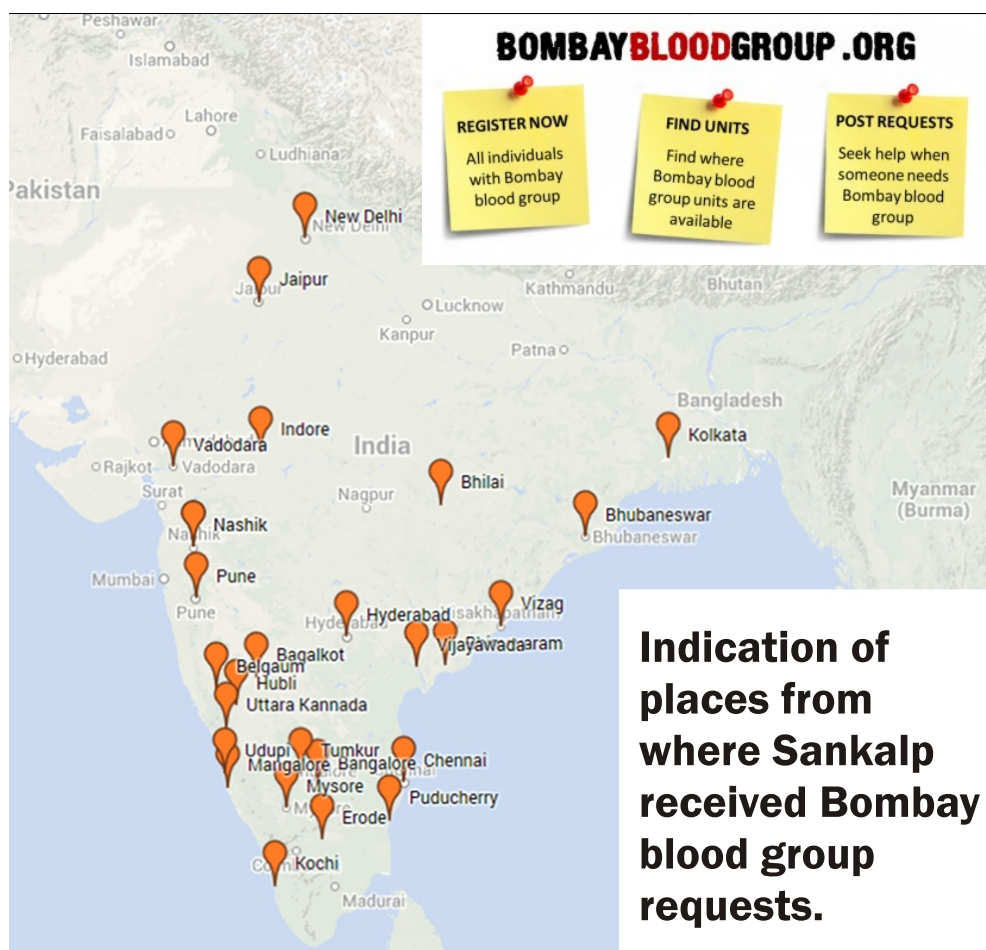
SYNERGISING RELATIONSHIP WITH OTHER ORGANISATIONS

Instead of duplicating the efforts, the team set up synergetic relationships with other organisations which actively work for blood donation. The team encouraged the use of their strengths, offered the strengths of the team and worked upon filling the gaps in the whole system.

ROADMAP

The focussed effort for rational utilisation, awareness, better information sharing about donors, collection and availability of Bombay blood group has given excellent results with the blood banks in urban as well as deep pockets of the state beginning to contribute towards better management of rare blood groups. Emergency Team plans to scale this program up to cover the entire nation in the time to come. Should this happen, the country will have a strong rare blood

impossible to manage situations a normal routine.



group program. The team also seeks to convert what is today a difficult to manage blood request into a routine blood request by facilitating the preparation of blood banks to attend to such requirements. The team seeks to enable swift adoption of modern rational transfusion practices and technologies. There are plans to organise CMEs, explore and publish conservative strategies for blood utilisation in India scenario and educate the blood banking professionals from grass root upwards to be able to contribute towards effective management.

THALASSEMIA MANAGEMENT, PREVENTION AND CURE

Sankalp India Foundation supports systematic care and management of thalassemia taking care of 350+ children from Karnataka and neighboring states in the two thalassemia day care centers at Indira Gandhi Institute of Child Health and Project Samraksha - thalassemia day care run by the largest blood banking institution of Karnataka - the Rashtrrothana Parishat.

HIGHLIGHTS FOR 2013-14

INCREASED ACCESS TO MANAGEMENT

Project Samraksha - thalassemia day care center was inaugurated by Rashtrrothana Parishat on 26th August 2013. Within 7 months of its inauguration the center enrolled 100+ children suffering from thalassemia mostly from the needy section of society.

STREAMLINED LAB INVESTIGATIONS

Getting reliable lab tests was difficult for the children. Added to that was the enormous cost. Sankalp partnered with a highly reputed pathology lab in Bangalore to enable quality assured lab investigations for children suffering from thalassemia at highly discounted rates. The best part was that the samples were collected from the daycare itself saving unnecessary travel. While most children got access to tests for the first time, those who could afford also saved a lot of money.

MADE CHELATION THERAPY ACCESSIBLE

An average box of chelator used to cost from Rs.1450 upwards. The prohibitive cost implied most children did not receive chelation at all. Extending the helping hand of the donors, the organisation was able to make accessible the chelation therapy to the needy children free of cost. We spent time understanding lesser known government schemes and were able to facilitate benefits for children who fell under certain socio-economic categories.



FACILITATED INITIATION OF BMT

A meeting of physicians involved in bone marrow transplantation was organised at IGICH 17th June 2013 with Dr Lawrence Faunkner, the medical director of Cure2Children Foundation, Italy to facilitate the starting of the BMT unit.

INITIATED PREPARATION OF CHILDREN FOR BMT

The process of preparing (down-staging) patients to prepare them for safer bone marrow transplants was initiated. This eventually would lead to better outcome when the transplants happen.

In November 2011, when we started getting

350+ children from the weak section of society getting access to world-class care

Delivery of care FREE of Cost

Global recognition for comprehensive care and management

Cost effective treatment, diagnostic and medication enabling more children to receive care.

involved in thalassemia management, we believed that should we be able to make available sufficient blood for all would be all of the task. In-line with the way Sankalp works, the first thing we did when we got involved is to setup a powerful

progress tracking mechanism. Soon we realized that the blood transfusions were only the first step. Systematic iron chelation, accurate and timely preventive lab investigations, access to medical specialists, closely tied together thalassemia prevention program and access to curative option - the bone marrow transplant all came into the picture. Today Sankalp has evolved into an organisation delivering wholesome treatment for thalassemia in-line with the best known standards of care and management across the world.

ROADMAP

With outstanding results coming from our thalassemia centers, firm commitment to continue support to the underprivileged children by our donors and a scalable model, we aim at supporting more centers and thereby reach out to more children who otherwise have little chance to survive. The sooner we are able to get more centers deliver proper care - the more lives we will be able to save. A contribution of Rs 2000/- per month enables us to save one more child from untimely death. Let's save the little ones - enable their smiles.



**Sankalp India Foundation supports
Thalassemia Day Care centers at:**

- Indira Gandhi Institute of Child Health, Bangalore
- Project Samraksha, Rashtrottana Parishat, Bangalore
- [Latest] Lokmanya Tilak General Hospital, Mumbai (ThalCare)

Top: Inauguration of Samraksha - thalassemia day care center at Rashtrottana Parishat on 26th August 2013 in the presence of eminent experts in the field of thalassemia prevention, management and care.

Bottom: Scientific workshop on Bone Marrow Transplant being organised on 18th June 2013 at Indira Gandhi Institute of Child Health, Bangalore



A WORD OF THANKS

In the words of Henry Ford - "**Coming together is a beginning; keeping together is progress; working together is success.**"

We feel privileged of having received support and participation from individuals and organisations from so diverse walks of life including:

- ✍ blood banks who are integral to our work,
- ✍ organisations who support us for blood donation camps,
- ✍ blood donors who roll up their sleeves and give the gift of life,
- ✍ medical officers who help us decode the intricacies of blood transfusion medicine,
- ✍ donors who support us financially,
- ✍ friends and well wishers who spread the word about the organisation and the activities,
- ✍ patients who give us the opportunity to serve,
- ✍ our guides, teachers, families and friends

All of them coming together in their own unique ways to **give life a better chance.**

While a lot has been done, a lot more remains. With each passing day we are learning more and getting exposed to greater challenges. In the true spirit of **Citius, altius, longius** (faster, higher, longer) we are committed to serve and help find a way through the most intricate issues facing voluntary blood donation, blood transfusion medicine and thalassemia management in our nation today. We seek your continued support, participation and encouragement. Let us all put our best foot forward with hope blended with hard work, commitment and dedication.

**With sincere thanks,
Volunteers of Sankalp India Foundation**



TRANSPARENCY DISCLOSURES

- Travel reimbursement made to volunteers who undertook travel to various parts of Karnataka for camps and networking helpline is Rs 24,401/-
- No travel reimbursement was made for international travel.
- Sankalp has 4 salaried employees. 2 have been permanently posted at Thalassemia Day Care, IGICH, one for Rakta Kranti and one for Disha.
- No remuneration, sitting fees or any other form of compensation was paid to any board member or volunteer.

NAME AND ADDRESS OF BANKERS

- State Bank of India, Koramangala 3rd Block Branch, Bangalore, Karnataka, Pin: 560034
- Punjab National Bank, 1382, 32nd Cross, 4th T Block Jayanagar, Bangalore - 560041
- HDFC Bank, Banerghatta Road, Bangalore

AUDITOR

Chadha and Associates

Sankalp Executive Board			
Name	Designation	Age	Employment
Lalith Parmar	President	30	Marketing Professional
Amit Sedai	Vice-President	28	Software professional
Rakesh Dhanya	General Secretary	30	Software professional
Kumari Ankita	Treasurer	29	Software professional
Ritesh Sharma	Jt. Secretary	27	Management student
Rajat Kumar Agarwal	Member	30	Entrepreneur
Prabha P	Member	24	Software professional
Souray Roy	Member	24	Software professional

FINANCIAL DISCLOSURES

SANKALP INDIA FOUNDATION - BANGALORE

INCOME & EXPENDITURE ACCOUNT FOR THE YEAR ENDING ON 31st MARCH, 2014

EXPENDITURE	AMOUNT	INCOME	AMOUNT
To Traveling & Conveyance		By General Contribution	152,060.00
To Printing Stationery & Consumable Expenses	4,544.00	By Bank Interest	15,336.00
To Bank Interest & Charges	86.25	By Contribution towards Thalassemia Care	391,872.00
To Newsletter Expenses	39,113.00		
To Salary Payable not booked in Rec & Payment	19,850.00		
To Event Organisation Expenses	5,080.00		
To Blood Donation Expenses	211,437.00		
To Enrollment & Registration Charges	2,955.00		
To Expenses on Project Disha	103,170.00		
To Thalassemia Day Care Expenses	403,998.00		
To Capital Expenditure	6,899.00		
 To Surplus	 237,864.25		
(being excess of income over expenditure)			
	<u>559,268.00</u>		<u>559,268.00</u>

SANKALP INDIA FOUNDATION - BANGALORE

BALANCE SHEET AS AT 31st MARCH, 2014

LIABILITIES	AMOUNT	ASSETS	AMOUNT
<u>CORPUS FUND</u>		<u>CAPITAL ASSETS</u>	
Opening Balance		As per Schedule "I"	261,119.00
as on 01.04.2008	43,760.00		
		<u>CURRENT ASSETS</u>	
Surplus (being excess		Cash in Hand	63,806.80
of income over expenditure)	-237,864.25	Balance With Bank	195,203.25
Add : Surplus (being excess		TDS deducted for FY 2011-12	36,000.00
of income over expenditure)			295,010.05
from previous years)	<u>433,264.30</u>		
	195,400.05	<u>INVESTMENTS</u>	
		FD for Disaster Relief Fund	17,003.00
<u>FIXED ASSETS CAPITAL FUND</u>	261,119.00		
<u>DISASTER RELIEF FUND</u>	17,003.00		
<u>CURRENT LIABILITIES</u>			
Salary Payable	55,850.00		
Expenses Payable	<u>55,850.00</u>		
 Total	 <u>573,132.05</u>	 Total	 <u>573,132.05</u>

**RationalBloodUse
Cryopreservation
AwarenessAndEducation
DisasterPreparedness
CapacityBuilding RareBloodGroupRegistry
TemperatureControlledLogistics
GuidelinesForTransfusionTriggers
VoluntarySingleDonorPlateletsMinimiseEmergencyDonations
UnifiedRareGroupRegistry FightReplacementDonations
RoundTheClock EmergencyBloodRequests
Bombaybloodgroup.org**

Sankalp India Foundation ®,

No 460, GOKULA, 8th Main, 4th Block, Koramangala, Bangalore 34
Ph: 9880132850. Mail: sankalp.admin@gmail.com. Visit: www.sankalpindia.net