SANKALP INDIA FOUNDATION

Sankalp Patrika



01 February 2025



Turning Dreams into Reality: Together We Grow

We celebrated fresh beginnings, set ambitious goals, and laid the foundation for a year of growth and innovation. As we move forward, let's carry the momentum of January into February, turning plans into action and dreams into reality. Together, we'll continue to build on our achievements and create a future filled with hope and progress. Here's to another month of inspiring milestones and shared success!

January highlights and the path ahead

Blood Donation

Collected **789** units of lifesaving blood in **25** camps, impacting countless lives through generous donations.

Thalassemia Management

Transfused **4090** units in January in **23** daycare centres across **6** states, providing essential care and treatment to **2000+** affected children.

HLA Typing

Typed **381** individuals from **122** families, paving the way for potential life-saving transplants.

Prevention

Screened **15331** individuals, preventing **9** affected births and empowering families with critical knowledge.

Cure

Performed **10** Bone Marrow Transplants in Bangalore and Ahmedabad, offering renewed hope and second chances to affected children. We started the year strong! On the Cure side, we're focused on keeping our program fully engaged throughout the year and planning the inauguration of our new unit in Ahmedabad.

Within Management, we're restructuring to handle increased activity, addressing current challenges, and creating a mitigation plan.

On the Prevention front, we've tested over 15,000+ families in the first month, with plans to expand further.

The SBC is facing challenges due to a shortage of blood donors. We need more blood units and are seeking partnerships to ensure a steady supply.

February is full of promise with exciting activities. It's Valentine's month, and we're falling in love once again with what we do!

Team Sankalp

Sankalp Blood Centre Installs New Blood Irradiator

Sankalp India Foundation is excited to announce the successful installation of a state-of-the-art blood irradiator at our facility, marking a significant advancement in the safety and effectiveness of bone marrow transplants (BMT).

This essential piece of equipment will play a pivotal role in improving patient outcomes, ensuring the highest standards of care for our patients undergoing transplants by irradiating blood products before they are used in treatment.

This addition reinforces
Sankalp's commitment to
providing comprehensive,
life-saving care to children
and families in need. By
enhancing our capabilities
with the blood irradiator,
we are one step closer to
offering a transfusion-free
life to those battling serious
conditions.



Transforming Thalassemia Care in Anantapur

On January 6, 2025, Sankalp India Foundation made significant improvements to thalassemia care at the newly established government day care center in Anantpur. The process for thalassemia patients, which previously took three days, was streamlined to just one day, with new operating hours from 8 AM to 4 PM. Blood test results, which took hours before, are now delivered in five minutes, and blood issuance has been moved to noon for timely transfusions. To address blood shortages, Sankalp pledged to provide an assured blood supply.

Key improvements include HLA typing for 18 families, training sessions for medical staff to ensure effective care, and the addition of a dedicated doctor to monitor patients daily.

Sankalp's efforts also streamlined administrative processes by appointing a nurse-coordinator to manage OPD forms, allowing doctors to focus on patient care. This initiative positions the Anantapur center as a model for comprehensive thalassemia care, demonstrating the power of collaboration for better patient outcomes.



Govt. Recognizes Sankalp's Health Work

Mr. Jayesh Rathod, Epidemic Medical Officer of Wadhwan, praised Sankalp India Foundation's public health efforts during a recent meeting at the Taluk Health Office, stating, "Sankalp is doing the job we're supposed to do." Ms. Mital, Sankalp's Surendranagar coordinator, presented initiatives like Blood Movement Transportation, Thalassemia management, and Rakta Kranti, highlighting collaboration with local centres. This recognition reflects the growing partnership between NGOs and government institutions to improve public healthcare.



HLA Testing and Counseling Session at Health 1 Hospital

Health 1 Hospital in Ahmedabad recently hosted a transformative HLA testing and counseling session for 20 families of Thalassemia patients. Organized by Sankalp India Foundation, the event aimed to educate families about Thalassemia and the life-changing potential of Bone Marrow Transplantation (BMT). This session provided vital medical insights, offering hope and clarity to families affected by this genetic disorder.



Rajkot Day Care Centre Expands Capacity

With this expansion, the centre is now a 20-bed facility, equipped with a canteen, spacious waiting rooms, and other essential amenities to provide holistic thalassemia care.

This upgrade allows us to serve more patients from the Saurashtra region of Gujarat.



Manjunath NR: From Struggle to Strength

Diagnosed with thalassemia at birth, 24-year-old Manjunath NR endured years of painful transfusions and severe side effects. His life transformed when Sankalp India Foundation provided vital education and care at Belgaum Hospital. With stabilized hemoglobin levels and improved health, he leads an active life. His story is a powerful reminder that with the right support, thalassemia warriors can thrive.





Huron Visit: A Day of Collaboration and Compassion

Mark Hussey, CEO and president, Huron and John Kelly, CFO, visited the Sankalp India Foundation accompanied by other leaders, to learn more about our work in thalassemia management, prevention and cure.

We started the day by hosting the Huron Leadership Team through the Bone Marrow Transplant (BMT) unit at the Bhagwan Mahaveer Jain Hospital (BMJH).

This was followed by a visit to the Sankalp Blood Centre, where the team witnessed what critical role blood donation plays in saving lives.

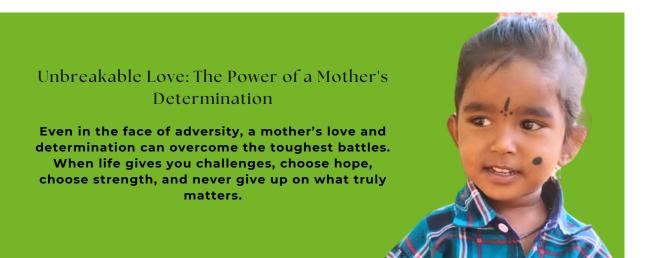
The leadership team, including Costa Magas, Paul Praveen, Gulpreet Kaur, Anand Shanty, and Kokoth, were deeply moved by the passion and dedication of the Sankalp team.



Bringing the G6PD Test In-House: A Milestone for Sankalp

Sankalp India Foundation is taking a significant step in transfusion safety by bringing Glucose-6-Phosphate Dehydrogenase (G6PD) testing in-house. This move will reduce testing costs, and accelerate results, ensuring safer transfusions for thalassemia patients. By eliminating outsourcing delays and improving efficiency, We continue to uphold our commitment to providing the best possible thalassemia care. Stay tuned for updates as this initiative unfolds.





A Mother's Unwavering Love: Thippesh's Fight Against Thalassemia

Like many families affected by thalassemia, Arpitha and Kanthraj were unaware of the genetic disorder affecting their children. Each child developed complications and did not survive beyond the first year. Despite multiple hospital visits and losing 3 babies, not a single doctor informed them about Thalassemia, leaving them in the dark about its consequences.

For the next two years, the couple decided not to have more children, fearing they would face the same heartbreaking challenges. But fate had other plans. During the lockdown, Arpitha found herself pregnant again. Her husband, fearing the risks, insisted they should not go through with the pregnancy. "No matter how many more children we have, they will all have the same problem and die," he warned

But Arpitha held on to hope, refusing to terminate. Their disagreement escalated into a bitter conflict, leading to an ultimatum— Kanthraj gave her a choice: him or the child.

She made her choice.

After Thippesh's birth, Arpitha's father took her in, offering shelter and support. But life did not get easier. The baby developed persistent fevers, Arpitha feared for his life. A hospital in Bellary suspected thalassemia major and referred her to the District Hospital in Tumakuru.

Alone and struggling, she found hope with Sankalp India Foundation; we ensured that Thippesh received the diagnosis and medical care he needed. From transfusions to long-term support, Sankalp has been a pillar of strength in the darkest times for Arpitha.

Thippesh's story goes beyond one child or one family—it highlights the urgent need for thalassemia awareness. So many families remain unaware of the disorder until tragedy strikes. This case showcases the importance of early diagnosis, screening, genetic counseling, and access to proper medical care.

For mothers like Thippesh's, love knows no limits. And with Sankalp India Foundation by their side, there is hope for a healthier, brighter future.

From You to Them: Perfect Matches for Brighter Futures!

On January 26th, 2025, four amazing donors stepped up for our HLA Matched Transfusion initiative, bringing renewed hope to children with Thalassemia. These matched transfusions significantly reduce complications and improve patients' quality of life.

We urge you to join our mission: register as a donor, get a free HLA test, receive annual health checkups and donate blood every 3-4 months to make a lasting impact. Share this message to help brighten young lives affected by thalassemia!

Read more on sankalpindia.net

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