

SANKALP INDIA FOUNDATION

Sankalp Patrika

Sankalp India Foundation*
01 July 2025



201 Reasons Why Prevention Matters: Rewriting the Future

Sankalp India Foundation has reached a powerful milestone. Across 87 centres in five states, we have screened over 1.9 lakh pregnant women since 2021, preventing **201** affected births through our Hemoglobinopathy Prevention Program.

At the heart of this impact are our field coordinators, trained, trusted and deeply rooted in their communities. They are the human bridge between diagnosis and decision, delivering counselling with empathy, urgency and clarity.

With timely counselling and prenatal diagnosis, families at risk of thalassemia and sickle cell disease were able to make informed decisions, preventing 201 affected births.

This is not just a number. It is 201 futures changed, 201 families spared a lifetime of pain, and a strong reminder that prevention works.

In rural and underserved communities, where awareness is low and care is limited, our prevention program proves that awareness and early action saves lifetimes of pain. It stands as one of the few large-scale models in the country proving that complex genetic diseases can be prevented at the population level.

This milestone marks more than progress, it signals potential. With the systems, teams, and strategy in place, the path to scale is clear. Now is the time to accelerate.

June Highlights

Blood Donation

Collected **2153** units from **45** camps, impacting countless lives. Managed **7** rare Bombay Blood group requests

Thalassemia Management

Transfused **3946** units across **23** centers in **6** states, aiding **2500+** children

Prevention

Performed **61** antenatal screenings, preventing **9** affected births and empowering families

Cure

Performed **11** Bone Marrow Transplants in Bangalore and Ahmedabad, offering hope to children

HLA Typing

Typed **346** individuals from **114** families across **2** camps in **2** states enabling potential matches

This July, we begin by honouring our doctors, the guiding force behind care, courage, and recovery.

We also shine a light on awareness and early action. Our prevention teams are reaching remote corners, screening families, and stopping thalassemia and sickle cell before they begin.

Every form filled, every family counselled matters. Let's stay committed to prevention, one step at a time.

Team Sankalp



Strengthening Safe Transfusions: SHeAL Training on Transfusion Reactions

On 16th and 17th June, **36** team members including doctors, nurses, and coordinators from Sankalp's management program came together for an important two-day virtual training session on transfusion reactions, enabled by SHeAL (Sankalp Hemoglobinopathies Academy of Learning)

Led by Dr. Ashish Dhoot, the sessions focused on recognising and managing transfusion reactions, an essential topic for those working closely with patients who require frequent transfusions.

While rare, transfusion reactions pose a higher risk for patients with thalassemia, sickle cell anaemia, and other hemoglobinopathies. Some reactions may be severe or even life-threatening if not addressed promptly.

This training helped equip our teams on the ground with the knowledge and protocols needed to respond swiftly and safely. It is another step towards ensuring the highest standards of care for our patients.



Clinical Trial Registered officially

Sankalp's first clinical trial, VALOR, is now officially registered on the Clinical Trial Registry of India (CTRI). This marks a major milestone in our commitment to research-driven, evidence-based care.

It reflects our focus on clinical excellence, innovation, and improving outcomes for people with hemoglobinopathies. A proud beginning in translational research.



Silent Pillars: Digital Xpress

Behind every impactful message we share is someone quietly enabling it. This month, we recognise Digital Xpress, a trusted printing partner in Rajajinagar.

Thanks to the generosity of Mr. Amartya Chetan, who has graciously printed our Annual Report 2024-25 and continues to print our monthly Sankalp Patrika, all free of cost, we're able to spread awareness without the burden of printing expenses.



More Than a CSR Visit: Cytiva's Journey into the Heart of Healing

On 24th June, volunteers from Cytiva, including national and global leaders, spent a deeply meaningful day at our centre. They toured the Bone Marrow Transplant Unit, Sankalp Childcare Home, and Sankalp Blood Centre, gaining a deeper understanding of the lives they've helped touch.

Cytiva has been a valued donor to our Cure Program, fully supporting **20** bone marrow transplants for children fighting thalassemia. Their visit was not just symbolic, it was personal, emotional, and inspiring.

The team engaged with children, caregivers, and staff, witnessing the resilience that defines our work. For our young warriors, it was a day of being seen and celebrated. For the volunteers, it was a day of pure human connection and renewed commitment.

This visit reminded us that when science meets compassion, and when donors walk alongside patients, the impact becomes deeply human. We are grateful for Cytiva's partnership in making cure not just possible, but personal.



NABL Accreditation in Progress: Final Steps Completed

Sankalp Labs has successfully cleared its NABL audit and is now eligible for accreditation. With all non-conformities resolved, the official certificate is awaited.

This milestone reflects our commitment to high-quality, reliable diagnostics for those affected by blood disorders.



Nexus Malls Turns Footfall into Lifelines: 553 Units Collected

From Bangalore to Bhubaneswar, Mumbai to Mysuru, Nexus Malls turned retail spaces into life-saving spaces. Across **9** cities, they hosted **12** blood donation drives, collecting a whopping **553** units.

Thanks to every donor and the Nexus team, hundreds of children who depend on transfusions now have renewed hope.



A Journey of Hope: Shabnam and Vasim's Path to Informed Parenthood

Shabnam and Vasim, a couple from Agar district, Madhya Pradesh, discovered they were both thalassemia carriers during a private HPLC test.

When Shabnam conceived, local social worker Varsha referred them to Sankalp's Thalassemia Prevention Program. They were registered at Ujjain Charak Bhavan Centre and received timely counselling.

Fetal screening was done in Indore with continued emotional support from the team.

Their story shows how early awareness, community outreach, and access to prenatal care can help at-risk families make informed decisions and prevent the burden of severe blood disorders.



Facing the Unthinkable: Rajana and Rahul's Brave Choice


Rajana and Rahul Bharadkar from Chandrapur, Maharashtra, both carriers of sickle cell disease, faced a heartbreaking diagnosis during their third pregnancy.

Expecting twins, prenatal screening confirmed that both fetuses were affected. Delays due to placenta positioning, emotional strain, and the mother's low hemoglobin added to the complexity.

With support from the Sankalp team, counselling, and careful medical intervention, Rajana underwent a successful medical termination at 20 weeks.

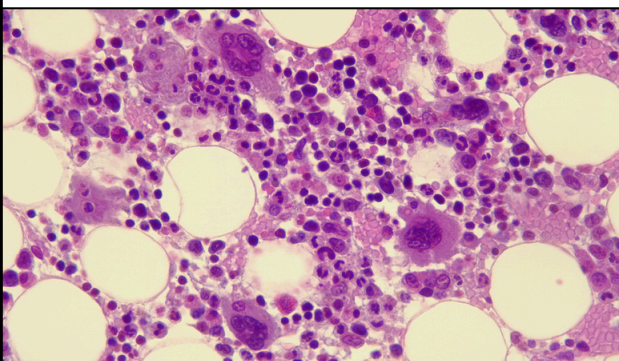
This case highlights the challenges of twin pregnancies affected by genetic conditions and the critical need for early screening, sensitive counselling, and system-wide support.

[Read more on sankalpindia.net](http://sankalpindia.net)



DID YOU KNOW?

Bone Marrow Transplant (BMT) is the only permanent cure for Thalassemia and other hemoglobinopathies.



**CONTRIBUTE TO PREVENT.
ONE TEST TO STOP
THALASSEMIA AND SICKLE
CELL BEFORE THEY BEGIN.**