#### SANKALP INDIA FOUNDATION

# Sankalp Patrika











#### Sankalp Blood Centre Collects Over 25,000 Units in 25 Months

This National Voluntary Blood Donation Day was a moment of pride for Sankalp Blood Centre. Over the last 25 months, we have collected **25,431** units of blood, every single one from voluntary donors. Behind each unit is a story of hope for children with thalassemia, patients in government hospitals, and families spared the anxiety of arranging blood.

Across 477 blood donation drives, donors from corporates, colleges and communities stepped forward selflessly. Of the 15,403 units issued in bulk, 77% went free of charge to thalassemia day-care centres and government hospitals. At our counter, 70% supported children battling thalassemia. Each donor has been a lifeline, turning compassion into action.

The Sankalp Blood Centre has set new standards with 100% voluntary collections, specialised apheresis, and rare blood cryopreservation for up to 10 years. Together, these innovations ensure quality, safety and accessibility for those who depend on us.

This milestone belongs to everyone who made it possible: our partners, financial supporters, and thousands of selfless blood donors who chose to give life. We thank you for standing with us in this journey.

As we move ahead, we invite individuals to visit Sankalp Blood Centre to donate and organisations to come forward to host blood donation camps, ensuring no child ever waits for blood again.

## September Highlights

#### **Blood Donation**

Total collection: 1678 units from 35 camps. 1522 units collected by 28 Sankalp Blood Centre camps and in-house donations. Managed 10 rare Bombay Blood group requests

#### Thalassemia Management

Transfused **4669** units across **23** centers in **7** states, aiding **2600+** children

#### **Prevention**

Prevented **2** affected births, one in Nagpur and one in Chandrapur, empowering families to take charge of their future.

#### Cure

Performed 19 Bone Marrow Transplants across our BMT units in Bangalore and Ahmedabad, offering renewed life to affected children

#### **HLA Typing**

Typed **325** individuals from **120** families across **2** camps in **2** states enabling potential matches

This October, as the festive season brightens our homes, let us also bring light and healing into the lives of children who depend on

The season of giving is here, and your gift of blood can be the hope someone waits for. Drop by to Sankalp Blood Centre to donate.

Together, let us celebrate joy, spread kindness and keep the lifeline flowing.

Team Sankalp







## Strengthening Care: ThalCare Registration and Diagnosis Training

On 10th, 11th, and 16th September, our management team participated in a ThalCare Registration and Diagnosis Confirmation training, facilitated by Prathyoosha and taught by faculty members Pushpa, Dharmik, and Sevanthini. The sessions were conducted in local languages and focused on first-time counselling during patient registration and enrolment at our centres.

The training emphasised the importance of vaccination, introduced our supporting schemes for treatment, and guided the team on gathering diagnosis history and planning future care.

Scenario-based case studies highlighted special blood requirements and antibody screening, preparing participants for real-world situations.

This training strengthened the team's ability to provide clear, compassionate guidance to families, ensuring patients receive the right support from the very first interaction.

By combining practical knowledge with handson examples, the sessions empowered staff to improve patient experience and care.



## A Birthday to Remember: Nithin From TEC Celebrates by Sponsoring Lunch

On his birthday, Nithin from The Executive Centre chose to celebrate by sponsoring lunch for children at Sankalp India Foundation, inspired by his colleagues who had previously donated handmade toys.

"I feel privileged. Feeding people is always a great opportunity to give back," he shared, emphasising that even small acts of giving can make a big difference. For Nithin, this birthday was special, as he finally found the right opportunity to give back and bring joy to others.



Conference





Dr. Vaibhav Shah and Dharmik Vora represented Sankalp India Foundation at the 3rd National Thalassemia and Sickle Cell Conference held in Nimuch on 13th and 14th September. Dr. Vaibhav was one of the speakers, presenting on Bone Marrow Transplant (BMT), sharing valuable insights with fellow experts.

Dharmik Vora was felicitated at the event on behalf of Sankalp India Foundation, recognising our contributions in advancing thalassemia care and research.





## Precision and Practice: Enhancing Lab Skills Through CPD Sessions

This month, Sankalp Labs, in collaboration with SHeAL (Sankalp Hemoglobinopathy Academy of Learning), conducted two impactful Continuous Professional Development (CPD) sessions for lab and blood center technical staff, fostering interdepartmental learning and skill-building.

Facilitated by Jessiena, SHeAL Manager, and guided by Dr. Sundar P, Sankalp Labs Director, participants engaged in case scenarios and discussions, enhancing practical understanding.

CPD 1 by Manjunath: Equipment IQ, OQ & PQ – Focused on equipment qualification, assessment scores improved from 9.55 to 10.33 (+8.2%).

CPD 2 by Balasubramani: Pipette Handling & Calibration – Emphasised precision in pipetting, scores improved from 8.60 to 10.00 (+16.3%).

With pre-reads, quizzes, and assessments, these sessions fostered hands-on learning and affirmed Sankalp's commitment to excellence in care and collaboration.



## Mentor Development Series: Strengthening Training

The Sankalp Hemoglobinopathy Academy of Learning (SHeAL) launched its Mentor Development Series to strengthen training. The first session, on Lesson Planning, SMART Objectives, and Flipped Learning, saw 15 participants from Labs, Blood Centre, Communications, and Cure Programs.

Led by Mentor Sunil Dhimal and facilitated by Jessiena, the session blended pre-reads, quizzes, and interactive discussion. With structured formats and learner-focused objectives, it modelled active teaching methods to equip mentors to design and deliver impactful, learner-centred training.



## Silent Pillars: Komitla Translines Ensuring Blood Transport

Our daycares in Vijayawada, Visakhapatnam, and Guntur care for **90–100** patients each, all reliant on timely blood transfusions. Early transport from Bangalore often failed, a lot of blood was wasted because of delays and problems associated with different modes of travel.

Thanks to Komitla Translines, blood now reaches the patients safely and reliably, every time. Special thanks to Krishna, Swapna, and Radha for their dedication. Their support ensures hundreds of children receive lifesaving transfusions regularly, making our work possible.



## Diana: The Heart of Mangalore Daycare, delivering care and smiles for over 7 years.

For over seven years, Diana has been the heart and soul of the Mangalore Daycare Centre, currently operating at FFMC (Father Mulla Hospital). When our daycare shifted, it was Diana's unwavering dedication and trustworthiness that ensured families followed her to the new location, confident in the care she provides for their little ones.

As the nursing cum day care coordinator, Diana manages the care of **130** patients, overseeing every detail with diligence and compassion. Her guidance is so respected that families trust and follow her advice, making her a true role model within the community.

Beyond day-to-day care, Diana has also been instrumental in supporting patients towards Bone Marrow Transplant (BMT), guiding numerous families through this critical journey. Her tireless work ethic, empathy, and commitment have made her an indispensable part of Sankalp India Foundation, leaving a lasting impact on countless families living with thalassemia.



## Overcoming Thalassemia: Bharath's Journey from Struggle to a Chance at a Cure

Bharath, a 9-year-old boy, was diagnosed with Thalassemia Major at just six months old. His family, unfamiliar with the condition, felt lost and overwhelmed. Initial treatment at a government hospital was inadequate, with no proper follow-up or chelation therapy, leaving Bharath's health at risk.

When they came to Sankalp India Foundation, Bharath's condition was critical, with an enlarged spleen and dangerously high ferritin levels. With regular treatment, monitoring, and the right medications, his health began to stabilise, and the family regained hope and confidence.

Today, Bharath and his parents have taken the courageous step towards a Bone Marrow Transplant (BMT), dreaming of a future where he no longer depends on transfusions or medicines. Their journey is one of perseverance, strength, and hope, reflecting the transformative impact of proper and timely holistic care.

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